

Westview Centre for Women - <https://www.westviewcentre4women.com/>

- **Personal hygiene products:** shampoo, conditioner, soap, toothpaste, deodorant
- **Feminine hygiene supplies:** pads, tampons, liners
- **Warm clothing:** socks, gloves, hats, scarves, coats (especially in colder months)
- **Non-perishable food:** canned goods, granola bars, instant meals
- **Children's items:** diapers, wipes, toys, crafts
- **Gift cards:** grocery stores, pharmacies, or general-use cards like Visa/Mastercard
- **Household basics:** laundry detergent, toilet paper, paper towels

 **Linens & Blankets**

- Twin or full-size sheets
- Pillowcases and comforters
- Throw blankets and quilts
- Towels and washcloths

 **Kitchenware**

- Pots, pans, and baking dishes
- Plates, bowls, cups, and cutlery
- Cooking utensils (spatulas, ladles, etc.)
- Mixing bowls, measuring cups, cutting boards

 **Small Kitchen Appliances**

- Toasters, kettles, and coffee makers
- Blenders, slow cookers, rice cookers
- Microwaves (if gently used and clean)


HOURS:

Monday to Thursday, 10am - 4pm; Monday and Thursday - 7:00 p.m. - 9:00 p.m.

CONTACT INFORMATION!

 **Address:**

17 Gale Crescent
St. Catharines, ON L2R 3K8
(Corner of Gale Crescent and Riordon Street)

 **Mailing Address:**

PO Box 4021 Stn Main
St. Catharines, ON L2R 7S3

 **Phone Numbers:**

- Office: 905-397-3210
- Executive Director (Jane LaVacca): 905-351-2822

 **Email:**

- General: wc4woffice@gmail.com
- Executive Director: westviewcentre4women@yahoo.com