



April 16th, 2023 9:30 a.m.

Turn to Jesus, go with the Spirit

Prelude Annie Schulz

Gathering Thoughts Annie Schulz

Lighting the Christ Candle

Call to Worship, Prayer

Leader: Lord, we take refuge in you.

People: You are our God, our chosen portion.

Leader: With you at our right hand, we will not be shaken.

People: Our hearts will be glad, and we will rejoice in you.

Leader: In your presence our joy is complete.

All: Lord, we take refuge in you.

Hymn *Thine is the glory* HWB #269

Passing of the Peace

Offertory Prayer

Musical Reflection

Prayers of the People Jan Steven

Hymn *Christ is alive! Let Christians sing* HWB #278

Scripture Reading Psalm 16 [OT p.495] Jan Steven

Grace Singers *The Risen Christ*

Scripture Reading John 20:19-31 [NT p.114]

Meditation "ST. THOMAS: FROM 'DOUBTING THOMAS'
TO APOSTLE TO INDIA" Kevin McCabe

Hymn of Response *'Tis not with eyes of flesh we see* HWB #571

Benediction (Congregation please stand) Kevin McCabe

Sending Hymn *We walk by faith* HWB #570

Postlude

It is good to be together in worship this morning!
The ushers are pleased to help any who need assistance.

[Offering plate available on table at back of sanctuary]

GRACE NOTES & ANNOUNCEMENTS

Sunday April 9th, 2023

Attendance – 66 Budget Offering – \$2,710.00

Sunday, April 23rd – Worship Service [9:30 a.m.]

Speaker: Jan Steven

Scripture Texts (Focus texts highlighted): Acts 2:14a, 36-41;
Psalm 116:1-4, 12-19; 1 Peter 1:17-23; Luke 24:13-35

♥ Pastoral Care Team (Grace Friends)

Did you know that Springtime Depression is truly a thing?! It's also known as Spring Letdown. There are a variety of reasons why this is, and they include:

- You thought you'd feel better when Spring arrives, but you don't.
- You feel overwhelmed by the amount of work associated with Spring including spring-cleaning and yard work.
- Your social agenda fills up – without your permission, or so it seems.
- Allergies! Pollen leads to inflammation in the body, and that inflammation can impact your mood negatively.

There is no "answer" to Springtime Depression, but there are some helpful responses.

- See your doctor to rule out other health challenges.
- Get a routine and stick to it.
- Have a healthy lifestyle of food, exercise, sleep, and prayer.
- Talk to a sympathetic person.

I'm happy to have a friendly visit with you. You are never alone.

Contact Jan at church or at 289-990-4839 or at janscats@gmail.com

Please hold Theo and Francie Ilunga in your prayers.

Please continue to hold Deborah and Harry Nickerson in your prayers.

Church Council ~ Wednesday, April 19th, 2 p.m.

♪ Women's Chorus ~ Thursday, April 27th, 9:30 a.m.

ACROSS THE STREET AND AROUND THE WORLD



MCC News - Make Coins Count- The MCC coin jug has been emptied, counted, and rolled. Your generosity has provided MCC with **\$161.22** to use in its relief efforts.

Our congregation here at Grace has again displayed its Christian beliefs. Thank you from the needy around the world and from MCC for your support. Our jug is now empty and welcomes your continued support. Thank you. Ted Stephen



Do you want peace in Ukraine? As a Christian in a historic “peace church” do you feel the urgency to *do something*? Are you nevertheless feeling powerless?

Grace Mennonite Church in St. Catharines (677 Niagara Street) invites you to join other Niagara historic peace churches—UM, MB, BIC, and Quaker—on **Saturday May 6th at 2:00 p.m.** in the church hall to hear a catalyst **talk from Ernie Regehr**, Co-Founder and former Executive Director of Project Ploughshares, Officer of the Order of Canada, Pearson Peace Medal laureate, and Research Fellow at the Institute for Peace and Conflict Studies at Conrad Grebel University College. The topic will be **“War in Ukraine: When Peace Cannot be Won on the Battlefield.”** Focused discussion to follow. Bring a friend!



From Mennonite Church Eastern Canada (MCEC)

*Each week we pray for a faith community within the MCEC of congregations. This week we pray for **Wideman Mennonite Church**. Taucha Inriq provides leadership to this congregation. Pray for this congregation in Markham, ON.

*Continue to **pray for places throughout our world where the people cry out for peace – Myanmar, Ukraine, Russia, Ethiopia, Colombia, Burkina Faso, Benin, DR Congo, Tanzania, Haiti and more.** Lord, hear our prayers.

Blanket Exercise – May 5th, 7 pm, at Bethany Mennonite Church

The blanket exercise is an interactive educational program that teaches the history of Indigenous and Settler people in Canada from an Indigenous perspective. Participants stand on blankets representing lands inhabited by Indigenous Peoples. A facilitator tells the story of first contact, moving and removing blankets to show the way land was taken and peoples relocated, and to illustrate the impact of disease, war, and extinction. The exercise concludes with the participants discussing the experience in groups. To register please email office@bethanymennonite.ca. Participation is free.



A Moment for MCC: Comforters, a relief kit and cans of meat supplied by MCC. What wondrous love is this!?

When you make a comforter for MCC it goes to help people in places like Ukraine. Picture a family with a child who has cerebral palsy who has received handmade comforters, a relief kit and cans of meat supplied by MCC. What wondrous love is this!?

In Ukraine, MCC partner New Life Charitable Fund assists people with disabilities in Nikopol with MCC humanitarian relief. Some of them live with relatives, but many live alone. They are reluctant to leave their city, and with limited mobility, it is difficult to access underground bomb shelters.

New Life states that the humanitarian assistance from MCC was a joy not only because it filled a need, but because it reminded the recipient that someone remembered them and cared for them.

Interested in making an MCC comforter?

Visit mcccanada.ca/comforters for more information.

MCC – Relief, development, and peace in the name of Christ!

Tel: 905-935-6112 Email: gracemennonite@bellnet.ca

Office Hours: 8:30-2:30 ~ Wednesday, Thursday

www.gracemennonitechurch.com

www.facebook.com/gracemennonitechurchstcatharines

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